# first responders guide to abnormal psychology applications for police firefighters and rescue personnel

#first responders abnormal psychology #police mental health applications #firefighter psychological support #rescue personnel crisis intervention #emergency services psychology guide

This comprehensive guide explores the critical applications of abnormal psychology for first responders, including police, firefighters, and rescue personnel. It provides essential insights and practical tools to understand, identify, and effectively manage various psychological phenomena encountered in high-stress emergency situations, enhancing operational effectiveness and promoting mental well-being.

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# First Responder's Guide to Abnormal Psychology

This book gives readers critical insights into the human impact of extreme trauma, and the various levels of mental impairment suffered by both victims and survivors. Renowned trauma experts William Dorfman and Lenore Walker give this book immediate relevance through the use of real-life examples from a wide range of crisis situations. They have also deliberately minimized research citations within the text for greater readability.

## Introduction to Forensic Psychology

This book provides a broad overview of the history and practice of forensic psychology, illustrating the principles of how psychological knowledge can inform judges and juries in the U.S. legal system with reference to several high publicity cases. The second edition contains new case law and discusses its implications in the major areas of forensics, examining new developments in juvenile justice, malpractice complaints, and reproductive rights, among other topics. The authors address specific aspects of forensic psychology within seven distinct sections: What is Forensic Psychology? Understanding the Criminal Mind Can Psychologists Measure Pain and Suffering? Family Law and Fitness to Parent Juvenile Justice Legal Consultation Based on Social Psychology Practical Tips for Forensic Psychology Experts An essential resource for current and aspiring forensic psychologists, the second edition of Introduction to Forensic Psychology serves as a thorough introduction to a complex field, featuring updated cases and related legal developments.

The Battered Woman Syndrome, Third Edition

"This is an excellent book, written by the foremost authority in the field. [It] is easy to read and does a nice job integrating theory and research." Score: 95, 4 stars -- Doody's Walker's seminal, groundbreaking book The Battered Woman Syndrome (BWS) has forged new directions in the field of domestic violence for over 30 years. Now, the highly anticipated, third edition offers thoroughly updated and revised research on key topics, including posttraumatic stress disorder, learned helplessness or learned optimism, the cycle theory of violence, and much more. This third edition presents updated data generated from the newly modified Battered Woman Syndrome Questionnaire (BWSQ). With a new focus on culture and ethnicity, these data detail the experiences of foreign women who either live in their country of origin or the U.S. Like its popular predecessors, this new edition serves as a valuable resource for both professional counselors and students studying domestic violence. Discussions on the revised criteria for the BWS and PTSD: Posttraumatic stress and re-experiencing the trauma High levels of anxiety and arousal Emotional numbing, avoidance behaviors, and depression Disrupted interpersonal relationships Distorted body image and physical illnesses Sexual issues, including feelings of guilt, shame, and jealousy Key topics discussed: Attachment issues for battered women and the men who batter them Substance abuse and addiction Risk factors for further abuse Women in prison and battered women who kill their abusive partners in self-defense The Survivor Therapy Empowerment Program (STEP) which helps women better understand how the violence has impacted their lives

### The Battered Woman Syndrome, Fourth Edition

With its focus on the connection between health and mental health symptoms, this seminal, groundbreaking work continues to forge new directions in the field of domestic violence. Describing a condition that is the basis for the battered woman defense--cited in cases of physically and psychologically abused women who have killed their abusers--it continues to be used as a defense to explain premeditated assault or murder. Completely updated, the fourth edition reflects the significant changes in the field since the book was last published, incorporating Affordable Care Act (ACA) guidelines on health care and domestic violence and data from the Adverse Childhood Experiences Study. It examines new research regarding battered women and cross-cultural and cross-national issues, and includes several new chapters addressing issues ranging from murder--suicide in domestic violence cases to proposed legislation and congressional resolutions. The fourth edition provides new findings worldwide that reinforce the cycle theory of violence. It reflects new research on traumatic responses, and addresses trauma-informed and trauma-specific psychotherapy, interventions with youth in juvenile detention centers, information from government task forces regarding children exposed to violence and juvenile justice, and new findings regarding the application of psychology to the legal system. Entirely new to the fourth edition is a section about reforming family court and divorce presumptions. This is crucial reading for nearly all health and mental health workers who may be called upon to ask clients about experiences of domestic violence and must respond knowledgeably and effectively. New to the Fourth Edition: Fully revised and updated Incorporates ACA guidelines on health care and domestic violence Includes data from the Adverse Childhood Experiences Study Addresses findings regarding battered women and cross-cultural and cross-national issuesNew chapter on murder--suicide in domestic violence cases New chapter on trauma treatment for victims of intimate partner violence (IPV) New chapter on human trafficking and sexual exploitation of children New chapter on false confessions of battered women

# First Responder Mental Health

This edited volume provides mental health clinicians with knowledge to effectively work with current and former first responders. It provides strategies on how to best develop and adapt clinical assessment procedures and therapeutic interventions to better meet the unique needs found in these settings. Chapters synthesize existing literature to introduce the reader to profession-specific factors issues that exist in these contexts and describe the challenges that can present when working with police, firefighters, EMS, emergency communications operators, crime scene investigators, and corrections personnel. The book covers a range of topics that clinicians and trainees need to understand the relevant issues, develop effective treatment plans, and deliver appropriate psychological services in public safety settings. First Responder Mental Health: A Clinician's Guide will be essential reading for mental health professionals working with first responders, as well as those in training.

#### The British National Bibliography

This book presents a decade of advances in the psychological, biological and social responses to disasters, helping medics and leaders prepare and react.

## Textbook of Disaster Psychiatry

The police fight a different kind of war, and the enemy is the police officer's own civilian population: those who engage in crime, social indignity, and inhumane treatment of others. The result for the police officer is both physical and psychological battering, occasionally culminating in the officer sacrificing his or her life to protect others. This book focuses on the psychological impact of police civilian combat. During a police career, the men and women of police agencies are exposed to distressing events that go far beyond the experience of the ordinary citizen, and there is an increased need today to help police officers deal with these traumatic experiences. As police work becomes increasingly complex, this need will grow. Mental health and other professionals need to be made aware of the conditions and precipitants of trauma stress among the police. The goal of this book is to provide that important information. The book's perspective is based on the idea that trauma stress is a product of complex interaction of person, place, situation, support mechanisms, and interventions. To effectively communicate this to the reader, new conceptual and methodological considerations, essays on special groups in policing, and innovative ideas on recovery and treatment of trauma are presented. This information can be used to prevent or minimize trauma stress and to help in establishing improved support and therapeutic measures for police officers. Contributions in the book are from professionals who work with police officers, and in some cases those who are or have been police officers, to provide the reader with different perspectives. Chapters are grouped into three sections: conceptual and methodological issues, special police groups, and recovery and treatment. The book concludes with a discussion of issues and identifies future directions for conceptualization, assessment, intervention, and effective treatment of psychological trauma in policing.

#### **POLICE TRAUMA**

Walker's chilling follow-up to her now-classic groundbreaker, The BAttered Woman, is a dramatic study of women who murder their abusive partners in self-defense--and what happens to them afterward. "Provocative . . . the book makes its point".--New York Times Book Review.

## **Terrifying Love**

Prehospital Emergency Medicine (PHEM) is a new and evolving field within Prehospital Care and involves the delivery of safe prehospital critical care to seriously ill or injured patients, and safe transfer to or between hospitals. It covers a broad range of medical and traumatic conditions, interventions, clinical providers and physical environments. ABC of Prehospital Emergency Medicine is the first text to provide a comprehensive overview of this field and with an international team of expert authors is essential reading to anyone involved in the delivery of Prehospital Emergency Medicine and Prehospital Care. This title is also available as a mobile App from MedHand Mobile Libraries. Buy it now from iTunes, Google Play or the MedHand Store.

## ABC of Prehospital Emergency Medicine

This manual is designed to orient helpers to offer psychological first aid (PFA) to people following a serious crisis event. PFA involves humane, supportive and practical assistance for people who are distressed, in ways that respect their dignity, culture and abilities. The instructions and materials in this manual are for a half-day orientation (4 hours excluding breaks) to prepare helpers to support people recently affected by very stressful events. If you have more time available for the orientation, extra activities and slides are included in text boxes to deliver a full day orientation (five and a half hours excluding breaks). Where possible, one should organize full day orientations to allow for deeper learning. It is important to adapt the orientation and materials to the local culture, language and context, and to the likely kinds of crisis situations in which your participants would be helping. This facilitator's manual is to be used together with Psychological First Aid: Guide for Field Workers.

#### Psychological First Aid

This text provides a complete overview of the applications of psychology to the law. Incorporating the contributions of social and clinical psychology, this new text presents the material with an objective

view towards the complete scope of the subject matter. In its clear coverage of the fundamentals of this field, it is an invaluable introduction for students, as well as a reference for practitioners.

## Introduction to Forensic Psychology

This analysis of police occupational stress draws primarily from a study conducted in two police departments in upstate New York. The study combined several methods of inquiry, including interviews, focus groups, personal observations, and questionnaires. One of the departments had undergone diversification and the other had not. Although the departments differed in diversity, both agencies were pursuing community-policing philosophies. The analysis focused on the relationship between stress and police reform, notably ongoing changes related to community-oriented policing and diversification of the police force. Older officers reported being more stressed than did younger officers. This was typically related to cumulative exposure to client problems, slower-than-hoped-for advancement, or less-than-anticipated recognition. Another primary factor was exposure to turbulent work environments over time, which became the occasion for discomfort with approaching retirement. Organization-related stress, compared with person-related stress, was identified by officers as the principal problem underlying stress. Organizational-related interventions, therefore, are required in preventing and ameliorating stress. There are current trends in policing that involve greater involvement of line officers in the organizational factors that affect their occupational duties. One is problem-oriented policing, which can include solutions to problems within the organization. Interventions have highlighted the importance of police union involvement and team efforts. Organizational peer interactions were also identified as a source of stress. These were based in gender-related and race-related diversity among personnel. Organizational reform to prevent and ameliorate stress must be based in an analysis of the roots of stress related to organizational practices and environments. Officers must then be involved in systematic efforts to plan and implement interventions that can relieve the organizational circumstances that cause and perpetuate stress.

## Stress in Policing

"[T]he best and most useful social science text I have read in a decadeÖ.It is comprehensive in its research and scope, clearly written and uses excellent case studies and examples to illustrate in simple terms what might otherwise be complex phenomena." -- Dr. Tom Altobelli Federal Magistrate, Family Law Courts Sydney, Australia The goal of every family law professional and mental health practitioner is to improve family court outcomes in the best interests of the child. This book will assist readers in meeting this critical goal. Developmental Psychology for Family Law Professionals serves as a practical application of developmental theory to the practice of family law. This book helps family law and mental health professionals gain a broader understanding of each child's unique needs when in the midst of family crisis. It presents developmental theories with which professionals might better assess the developmental needs, synchronies, and trajectories of a given child. Ultimately, this book presents guidelines for making appropriate legal decisions and recommendations for children who have experienced crises such as abuse, neglect, relocation, divorce, and much more. Key topics include: Custodial schedules Foster and adoptive care Post-divorce disputes Termination of parental rights Psychological assessment and diagnosis Incarcerated parents and visitation rights Relocation and "distance parenting" Visitation resistance and refusal/reunification Parental Alienation/alignment and estrangement Theories of cognitive, language, and social development

# Developmental Psychology for Family Law Professionals

In this publication, the Major Cities Chiefs Association and the U.S. Department of Justice's Officer Safety and Wellness (OSW) Group present four recent case studies that serve as models for safety, health, and wellness programs focused on the physical and psychological health of officers. The OSW Group conducted site visits, assessed programs, and questioned participants to identify practical strategies for reducing the incidence of diabetes, promoting physical fitness, providing rehabilitation services, and addressing other health issues.

## Health, Safety, and Wellness Program Case Studies in Law Enforcement

This book brings together current research on recovery and wellbeing, to inform mental health systems and wider community development.

#### Secondary Traumatic Stress

A balanced critical review of psychological debriefing by an eminent international team, published in 2000.

## Wellbeing, Recovery and Mental Health

Police, firefighters, and paramedics are highly exposed to traumatic events and experience markedly higher rates of PTSD than others in the community, also facing distinct organizational challenges that complicate their stress reactions. Often, this results in needs not addressed in manuals developed for people who have survived single traumatic events. This book provides an overview of theoretical and empirical frameworks for understanding PTSD in first responders and outlines practical, evidence-based approaches to assess and treat PTSD in these populations.

## Psychological Debriefing

Reflections of a Police Psychologist is an account of the experiences, thoughts, and observations of a seasoned police veteran. It is written for police officers and those who would like a glimpse into the world of policing from the perspective of a former police officer and current police psychologist. Dr. Digliani discusses the major challenges facing those first entering police work. He addresses police field training and identifies the ten police field training pitfalls. The PATROL program, developed to assist new officers, is outlined. It involves an orientation and phase meetings between new officers and the staff psychologist to support them throughout field training. Dr. Digliani discusses how stress management becomes life management within the concepts of life-by-design and life-by-default. Inside the parameters of life management, a list of Some Things to Remember functions as an instrument for transactional change. The issues related to traumatic stress and exposure are discussed. The insights presented originate out of years of treating officers exposed to traumatic events. The role of police peer support teams is examined. Models for a peer support team policy and operational guidelines are presented. There is also information relating to the confidentiality of peer support interactions, a topic of current controversy. Traumatic incident debriefings and their applications in policing are elucidated, along with phase and freeze-frame models of debriefing. Included is a discussion of the current efficacy research pertinent to traumatic incident debriefings. Police family issues and the Foundation Building Blocks of Functional Relationships are outlined. Various family patterns of interaction are identified, including information for families of traumatized officers. There is a discussion of coping with death and loss, a critical area for police officers. An exposition of mental illness and interacting with the mentally ill from a police perspective is presented. Toward the end of the book, the retirement transition is discussed. In retirement or separation from service, officers return to the civilian world. Some experience difficulty with this transition. Issues to consider before retirement are presented. The final chapter includes the general reflections and policing history of Dr. Digliani. These reflections include the insights that come only with years of policing experience in several police assignments, including that of staff psychologist. This is an excellent book for anyone interested in law enforcement, policing, and police psychology.

#### Treating Ptsd in First Responders

Catastrophic disasters occurring in 2011 in the United States and worldwide-from the tornado in Joplin, Missouri, to the earthquake and tsunami in Japan, to the earthquake in New Zealand-have demonstrated that even prepared communities can be overwhelmed. In 2009, at the height of the influenza A (H1N1) pandemic, the Assistant Secretary for Preparedness and Response at the Department of Health and Human Services, along with the Department of Veterans Affairs and the National Highway Traffic Safety Administration, asked the Institute of Medicine (IOM) to convene a committee of experts to develop national guidance for use by state and local public health officials and health-sector agencies and institutions in establishing and implementing standards of care that should apply in disaster situations-both naturally occurring and man-made-under conditions of scarce resources. Building on the work of phase one (which is described in IOM's 2009 letter report, Guidance for Establishing Crisis Standards of Care for Use in Disaster Situations), the committee developed detailed templates enumerating the functions and tasks of the key stakeholder groups involved in crisis standards of care (CSC) planning, implementation, and public engagement-state and local governments, emergency medical services (EMS), hospitals and acute care facilities, and out-of-hospital and alternate care systems. Crisis Standards of Care provides a framework for a systems approach to the development and implementation of CSC plans, and addresses the legal issues and the ethical, palliative care, and mental health issues that agencies and organizations at each level of a disaster response should address. Please note: this report is not intended to be a detailed guide to emergency preparedness or disaster response. What is described in this report is an extrapolation of existing incident management practices and principles. Crisis Standards of Care is a seven-volume set: Volume 1 provides an overview; Volume 2 pertains to state and local governments; Volume 3 pertains to emergency medical services; Volume 4 pertains to hospitals and acute care facilities; Volume 5 pertains to out-of-hospital care and alternate care systems; Volume 6 contains a public engagement toolkit; and Volume 7 contains appendixes with additional resources.

### Reflections of a Police Psychologist

This book provides an authoritative and practical guide to the assessment, management, treatment and care of pilots and other professional groups within aviation; covering a range of relevant topics, for health and human resources practitioners working in the airline industry. Pilot mental health has, hitherto, been regarded as a specialist topic in aviation medicine. Consequently, practitioners and researchers alike have been forced to consult specialist journals or seek out a relevant chapter on this topic in a general textbook to develop or update their understanding of the relevant issues. This book seeks to remedy this situation by gathering together all of the relevant insights into a single authoritative source gathered from the leading specialists in the field. It aims to cover all of the main relevant issues including the assessment, care, management and treatment of mental health problems, as well as the prevention of mental health problems among this occupational group.

#### Crisis Standards of Care

An introduction to the science of neuroplasticity recounts the case stories of patients with mental limitations or brain damage whose seemingly unalterable conditions were improved through treatments that involved the thought re-alteration of brain structure.

#### **Aviation Mental Health**

Aimed at front-line clinicians, this hands-on resource provides a synthesis of cognitive-behavioral, relational/psychodynamic and psychopharmacological approaches to the treatment of acute and chronic post-traumatic states.

## The Brain That Changes Itself

This title provides a comprehensive overview of clinical, epidemiological, psychobiological, psychosocial and service organization aspects of disaster psychiatry. It takes a practical approach and includes a series of reports on significant experiences made in this field in various regions of the world. An Unbiased and reliable reference point, endorsed by the WPA Includes contributions from internationally acclaimed experts

## Successful Aging

Identifying a new approach to disaster response: spontaneous, compassionate, and impromptu actions to alleviate suffering. In Spontaneous Venturing, Dean Shepherd and Trenton Williams identify and describe a new approach for responding to disaster and suffering: the local organizing of spontaneous, compassionate, and impromptu actions—the rapid emergence of a compassionate venture. This approach, termed by the authors "spontaneous venturing," can be more effective than the traditional "command-and-control" methods of large disaster relief organizations. It can customize and target resources and deliver them quickly, helping victims almost immediately. For example, during the catastrophic 2009 bushfires in Victoria, Australia—the focal disaster for the book—residents organized an impromptu relief center that collected and distributed urgently needed goods without red tape. Special bonds and friendships formed among the volunteers and victims; some were both volunteer and victim. Many victims were able to mobilize resources despite considerable personal losses. Shepherd and Williams describe the lasting impact of disaster and tell the stories of Victoria residents who organized in the aftermath of the bushfires. They consider the limitations of traditional disaster relief efforts and explain that when victims take action to help others, they develop behavioral, emotional, and assumptive resilience; venturing leads to social interaction, community connections, and other positive outcomes. Finally, they explore spontaneous venturing in a less-developed country, investigating the activities of Haitians after the devastating 2010 earthquake. The lesson for communities hit by disaster: find opportunities for compassionate action.

A state-of-the-art psychological perspective on team working and collaborative organizational processes. This handbook makes a unique contribution to organizational psychology and HRM by providing comprehensive international coverage of the contemporary field of team working and collaborative organizational processes. It provides critical reviews of key topics related to teams including design, diversity, leadership, trust processes and performance measurement, drawing on the work of leading thinkers including Linda Argote, Neal Ashkanasy, Robert Kraut, Floor Rink and Daan van Knippenberg.

#### Disasters and Mental Health

Overcoming Compassion Fatigue is a fresh workbook approach to effectively handle the inherent exhaustion, burnout and stress professionals naturally face when working with those in pain and distress. Written by two practicing clinicians experienced in compassion fatigue and CBT, this manual will equip you with practical tools to manage your work and minimize your risk of personal harm. Expertly weaved with personal experiences, assessment tools, proven interventions, and prevention strategies. You'll take away: · Self-assessment measures to determine your level of risk · CBT skills to overcome distress · Worksheets and exercises to equip you to make powerful changes · Strategies to change your workplace · Practical, personalized self-care planning tools Reviews: "Martha and John have put together a practical, practitioner-friendly workbook that addresses compassion fatigue with understanding and caring. They offer evidence based clinical tools reflecting behavioral, cognitive as well as mindfulness exercises in addition to assessment strategies that can be used to facilitate resilience. I highly recommend this resource to ensure professional competency." -- Robert J. Berchick, PhD, ABPP, Board Certified in Cognitive Behavioral Psychology, Perelman School of Medicine, Academy of Cognitive Therapy Certified CBT Consultant "This is an excellent book that addresses an important and timely topic for anyone working in the helping profession. It is well written and engaging and provides assessment measures and helpful exercises that are invaluable to the reader. I highly recommend to anyone who is a care provider." -- Frank M. Dattilio, Ph.D., ABPP, Department of Psychiatry, Harvard Medical School "Overcoming Compassion Fatigue offers invaluable resources that will benefit all practitioners - rookies and veterans alike. This well-researched workbook is filled with practical self-assessment tools and concrete strategies for detection, intervention and prevention. Integrating CBT techniques provides a unique and very hands-on approach to managing compassion fatigue and related of caregiver." -- Fraçoise Mathieu, author of The Compassion Fatigue Workbook: Creative Tools for Transforming Compassion Fatigue and Vicarious Traumatization

## Spontaneous Venturing

Evaluated are stress causes and its effects, both physical and emotional. Also studied are coping and stress management techniques.

The Wiley Blackwell Handbook of the Psychology of Team Working and Collaborative Processes

Here's the must-know information LPN/LVN students need to care for patients with mental health disorders where they'll encounter them—in general patient care settings. An easy-to-read, conversational writing style shows you how to recognize and respond to the most important mental health issues. You'll also explore important communication techniques to use with your patients, ethical and legal issues, and alternative and complementary treatments.

## Overcoming Compassion Fatigue

Internationally recognised for its successful problem-management approach to effective helping, this book offers a step-by-step guide to the counselling process.

## Stress and Coping: an Anthology

This definitive reference assembles the current knowledge base on the scope and phenomena of sex trafficking as well as best practices for treatment of its survivors. A global feminist framework reflects a profound understanding of the entrenched social inequities and ongoing world events that fuel trafficking, including in its lesser-known forms. Empirically sound insights shed salient light on who buyers and traffickers are, why some survivors become victimizers, and the experiences of victim subpopulations (men, boys, refugees, sexual minorities), as well as emerging trends in prevention and protection, resilience and rehabilitation. These powerful dispatches also challenge readers to consider complex questions found at the intersections of gender, race, socioeconomic status, and politics. A

sampling of topics in the Handbook: An organizational systems view of sex trafficking. Vulnerability factors when women and girls are trafficked. Men, boys, and LGBTQ: invisible victims of human trafficking. Organized crime, gangs, and trafficking. Human trafficking prevention efforts for kids (NEST). Treating victims of human trafficking: core therapeutic tasks. From Trafficked to Safe House (C-SAFE). The Handbook of Sex Trafficking will interest a wide professional audience, particularly mental health workers, legal professionals, and researchers in these and related fields. Public health and law enforcement professionals will also find it an important resource.

## Neeb's Fundamentals of Mental Health Nursing

This evidence-based clinical guideline commissioned by NICE (National Institute for Clinical Excellence) presents guidance on the management of post-traumatic stress disorder (PTSD) in primary and secondary care.

## The Skilled Helper

It will be of interest to emergency worker counselors, police counselors, disaster workers, mental health professionals, and individuals that work with people exposed to trauma."--BOOK JACKET.

# Handbook of Sex Trafficking

Sleeplessness, depression, anxiety... these are common symptoms of the burnout that often accompanies living with a loved one who has experienced some kind of traumatic stress. It's well known that the loss of a child, a life-threatening injury, sexual assault or combat experience can affect the victim in traumatic ways, but what's often overlooked is how this trauma affects those closest to the victim the family. Burnout in Families focuses on the emotional vulnerability of families exposed to the chronic or acute stress of one of its members. Editor Charles R. Figley brings together seven psychologists from around the United States to take a closer look at what's now known as secondary traumatic stress disorder - the burnout that occurs when family members care for or just live with other family members who have undergone a traumatic life event. The authors provide a comprehensive review of the available literature and offer solutions for treating and preventing family burnout and the marital and family discord that inevitably follows. Burnout in Families is an ideal text for university-level psychology, family therapy and social work courses.

## Post-traumatic Stress Disorder

Psychological Crisis Intervention: The SAFER-R Model is designed to provide the reader with a simple set of guidelines for the provision of psychological first aid (PFA). The model of psychological first aid (PFA) for individuals presented in this volume is the SAFER-R model developed by the authors. Arguably it is the most widely used tactical model of crisis intervention in the world with roughly 1 million individuals trained in its operational and derivative guidelines. This model of PFA is not a therapy model nor a substitute for therapy. Rather it is designed to help crisis interventionists stabile and mitigate acute crisis reactions in individuals, as opposed to groups. Guidelines for triage and referrals are also provided. Before plunging into the step-by-step guidelines, a brief history and terminological framework is provided. Lastly, recommendations for addressing specific psychological challenges (suicidal ideation, resistance to seeking professional psychological support, and depression) are provided.

## Promoting Capabilities to Manage Posttraumatic Stress

Full color illustrations throughout. Two days after the September 11, 2001 attack, the U.S. Army Center of Military History began an extensive project to document the historic event through oral history interviews. Published on the incident's tenth anniversary, Then Came the Fire is an anthology of excerpts from those interviews. This collection highlights the personal accounts of participants who witnessed some aspect of the events in the Pentagon that day: the survivors, some of whom were injured; policemen; firefighters; medical personnel; observers; others involved in the rescue and recovery efforts; and building occupants.

#### **Burnout in Families**

Creating Spiritual and Psychological Resilience explores the interface between spiritual and psychological care in the context of disaster recovery work, drawing upon recent disasters including but not

limited to, the experiences of September 11, 2001. Each of the three sections that make up the book are structured around the cycle of disaster response and focus on the relevant phase of disaster recovery work. In each section, selected topics combining spiritual and mental health factors are examined; when possible, sections are co-written by a spiritual care provider and a mental health care provider with appropriate expertise. Existing interdisciplinary collaborations, creative partnerships, gaps in care, and needed interdisciplinary work are identified and addressed, making this book both a useful reference for theory and an invaluable hands-on resource.

#### The SAFER-R Model

Emotions work to define who we are as well as shape what we do and this is no more powerfully at play than in the world of politics. Ahmed considers how emotions keep us invested in relationships of power, and also shows how this use of emotion could be crucial to areas such as feminist and queer politics. Debates on international terrorism, asylum and migration, as well as reconciliation and reparation, are explored through topical case studies. In this book the difficult issues are confronted head on. The Cultural Politics of Emotion is in dialogue with recent literature on emotions within gender studies, cultural studies, sociology, psychology and philosophy. Throughout the book, Ahmed develops a theory of how emotions work, and the effects they have on our day-to-day lives. New for this editionA substantial 15,000-word Afterword on 'Emotions and Their Objects' which provides an original contribution to the burgeoning field of affect studiesA revised BibliographyUpdated throughout.

Then Came the Fire

Creating Spiritual and Psychological Resilience

https://www.wgnet36.wgstudios.com | Page 9 of 9